

ECHO



East Grampians
Health Service

EAST GRAMPIANS HEALTH SERVICE



**“A century
of memories”
Full story on
page 8**



CE Report

September has been a month to take the time to acknowledge and thank significant contributors to East Grampians Health Service.

Often, I can get caught up with the hectic pace of working in a busy health service, with family and sporting commitments, to spend the time saying thank you to the people who do so much to support their community.

We had the bi-annual medical staff dinner in the iconic Pyrenees House early in September. Our skilled support services team created beautiful food with drinks from local wineries and brewers. The dinner acknowledges the medical staff's significant contribution to this health service.

The area of their work that takes dedication is the on-call requirement of the role. East Grampians Health Service is a health service that does not have the demand for on-site medical staff 24/7. This requires medical staff to be available to come into the health service when called by nursing staff when a patient needs medical care. This burdens the medical officers, their partners, and their families. I thank them all for their contribution to undertaking this vital role.

We also held the RUOK event and the AFL grand final barbecue for our staff. As many of you know, our staff are very dedicated to the patients and residents, allowing us to offer the quality care we do. Putting these two events on, that are very well attended by the staff from all areas of the health service, gives everyone a lift.

Often, I walk around the health service and in the community to witness the support and care they provide to improve people's lives. It is very uplifting. I find it very refreshing to do this, as too much of my time is spent on MS Teams and Zoom meetings, with many of the participants needing to see the enthusiasm and motivated staff I see.

In September, we met with the former health service Board Chairs to show appreciation for their work and thank them for their ongoing support.

CE Report cont. Page 2

CE Report cont.

We chatted with these dedicated and committed leaders about the direction of the health service and the health and well-being of the community more broadly. It is good to get insights and feedback from this group of leaders to highlight where improvements need to be made.

September was a month to plan for the Volunteers' morning tea to be held in mid-October. This is a major event where our volunteers get together and support each other, and the health service says thank you and celebrates long serving volunteers.

In September, the weather usually improves, and the local netball and football finals get underway. I watched many of our staff play in the top-of-the-table clash in the Mininera A Grade netball grand final: the Ararat Eagles vs. the Tatyoon Hawks. In unusually trying conditions, the standard was exceptionally high, with skilled ball handling, balance, and

poise on a court sometimes laden with hail.

The crowd attending this match was the largest I have seen in rural Victoria, with supporters urging on their team of friends and family.

The Ararat Football Club won the Wimmera Football League premiership in a see-sawing battle at the picturesque Dimboola recreation reserve alongside the beautiful Wimmera River. Seeing the Ararat side win was pleasing, as the health services' Building for the Future Foundation chairperson, David Hosking, is also the Ararat Football and Netball Club chairperson. The two coaches, Tom Mills and Tom Williamson, have sisters in senior leadership positions at the health service and partners working here.

A sense of community and connection based on fitness and wellness is essential for the health service to support our staff's participation.

NEW BOARD DIRECTOR APPOINTED TO HEALTH SERVICE

JODIE HOLWELL COMMUNITY LIAISON

East Grampians Health Service has welcomed a new Board Director.

The Victorian Minister for Health Mary-Anne Thomas has appointed Emma Leehane to the Board of Directors.

Board Chair Ken Weldin said he was delighted to welcome Ms Leehane to the Board.

"Emma has already provided great insight into our discussions, reflecting her rich and valuable experience, both professional and personal," Mr Weldin said.

Ms Leehane is no stranger to the health service, having previously worked for the organisation as an Aboriginal Hospital Liaison Officer.

She comes to the Board with a wealth of experience, with a background in teaching, and currently works at Central Highlands Water.

Ms Leehane has a Bachelor of Arts/Bachelor of Teaching and Diploma of Community and Social Services and career highlights have included working as Team Leader of Aboriginal Health, and teaching in schools and museum settings. She lives in Ballarat and when not busy with work, enjoys yoga, baking and beekeeping.

Ms Leehane said she was inspired to apply for a Board position through her previous experience working at EGHS.

"Due to my previous involvement as an Aboriginal Liaison Officer at EGHS, working with the staff and community to provide a quality service, I was inspired to apply for a Board

position to learn and develop the service at a strategic level with a cultural lens," Ms Leehane said. "I am excited to be working with the Board and the EGHS community to continually strive to improve the quality of the health service and foster innovation and improvements in service delivery."

EGHS has impressed Ms Leehane for always being welcoming and caring towards all who walk through the door, whether a patient, family, staff or visitor.

"EGHS is an integral part of the community," she said. "It provides a wholistic service and is committed to providing quality healthcare to all."

Board positions are advertised annually and Ms Leehane encouraged interested persons to apply.

"If you have a passion to ensure an accountable and efficient provision of health care and the long-term viability of your local health service, becoming a Board Director is a way that you can assist in making a difference," she said.



**Pictured is new EGHS Board Director
Emma Leehane**

MINISTER FOR HEALTH VISITS EGHS

**JODIE HOLWELL
COMMUNITY LIAISON**

Minister for Health Mary-Anne Thomas visited East Grampians Health Service in September.

During her visit, the Minister toured the EGHS Community Services' areas, including Community Nursing and the Community Health Centre, meeting with staff and discussing the work of the EGHS community services' team, who ensure people are being cared for at home to avoid or reduce the potential of an admission to hospital or residential care.

She was also shown the new short notice family daycare facility.

The Minister was accompanied by Board Directors Sybil Abbott-Burmeister and Debbie Rybicki, Chief Executive Nick Bush, Director of Community Services Sarah Woodburn, along with other executive staff.

During the visit, the Board Directors also discussed the Board's priority to redevelop Willaura Hospital.



Pictured L-R, Director of Finance Tony Roberts, Board Director Debbie Rybicki, Director of Medical Services Kaushik Banerjea, Minister for Health Mary-Anne Thomas, Board Director Sybil Abbot-Burmeister, Director of Community Services Sarah Woodburn and Chief Executive Nick Bush.



EGHS Board Director Sybil Abbott-Burmeister (left) and Debbie Rybicki (right) chat to Minister for Health Mary-Anne Thomas.



The Minister chats to the Board and Executive at the family daycare facility.



The Minister chats to EGHS Executive and Board on their walk around the health service.

MARIO SANTILLI RETIRES

JODIE HOLWELL
COMMUNITY LIAISON

Staff gathered to farewell Director of Development and Improvement Mario Santilli in September.

Mario retired after 16 years with the health service, however, has been employed in the health sector for over 43 years.

He qualified as a psychiatric nurse in 1985 and moved from hospital-based care to community care in 1989. Between 1990 and 2003 he completed further undergraduate and post graduate studies in clinical care, as well as a Graduate Certificate of Management.

Mario commenced working at EGHS in February 2008 as Quality and Risk Manager and completed his Master of Business Administration in 2014.

Chief Executive Nick Bush said as the Director Development and Improvement, Mario provided oversight for Clinical Governance, Organisational Risk, Education, Research, Occupational Health and Safety, Emergency Management, and Information Technology.

“Mario has led the health service to implement much improved quality and clinical governance systems to ensure the health service improves its performance for patients and staff,” Mr Bush said.

“This proactive approach has seen compliance with regulatory bodies as just routine business and always achieved. Mario was clear with everyone that accreditation requirements are the base requirement, and we want to be much better than that.”

Mr Bush said Mario was a significant reason EGHS won health service of the year in 2016–2017. Some of his thinking changed the way clinical governance is undertaken in Victoria.

“I thank Mario for his great contribution to EGHS and the Victorian Health System. I will miss his leadership but thank him very much,” Mr Bush said.

Mario will remain as a casual employee for the next six months, working one day per week to provide oversight of the Information Technology and Management Systems.

Mario was presented with a framed ‘caricature’ of himself on the occasion of his retirement, much to the amusement of everyone, including him!



EGHS Chief Executive Nick Bush presents retiring Director Development and Improvement Mario Santilli with a farewell gift

EGHS HOSTS RESEARCH SHOWCASE

ELLA OTTREY

WESTERN ALLIANCE RESEARCH TRANSLATION COORDINATOR

East Grampians Health Service was proud to host its second annual Research Showcase in September.

The event was opened by Nick Bush, Chief Executive, who highlighted the value of research to the health service and in providing quality care to EGHS consumers and the wider community.

Dr Jaclyn Bishop, Director Development and Improvement, launched the inaugural EGHS Research Plan, which details the EGHS research pillars (including innovative models of care for the rural setting and strengthening the rural workforce), and outlines the plan for increasing research capacity, capability and culture at EGHS

Six presenters then shared the findings of their completed research projects, as well as the direction of in-progress research.

The projects spanned the topics of aged care, staff wellbeing, modified sport, quality improvement, obstetrics, rural research placements, and research capacity and capability.

"The breadth of the research at EGHS is incredible, but what I find most pleasing is that this research is targeted towards real issues in rural health and testing solutions to these," Chief Executive Nick Bush said.

"I would like to thank the EGHS staff, consumers and community members for their participation in, and valuable contributions to research at EGHS.

"The attendance of our research colleagues at the event also highlights the keen interest in our work and its outcomes."



Pictured at the Research Showcase, L-R, EGHS Chief Executive Nick Bush, Director Development and Improvement Jaclyn Bishop, Ella Ottrey, Jake Romein, Ancara Thomas, Michele Conlin, Winnie Yum



Looking for easy ways to best serve your patients medication needs? The Library is a go-to for EWHS staff wanting access to the best available evidence for medication decisions and guidance. For this reason, we supply your workforce with access to a variety of medication decision support tools and apps to help deliver medication-based decisions at the point of care.

Paediatric Injectable Guidelines Online.

Grampians Health Library provides staff with links relating specifically to paediatric care. Doctors, Nursing and Allied Health staff can utilise A-Z drug monographs under a link to The Royal Children's Hospital Melbourne, Paediatric Injectable Guidelines via the Drug Resources Library page, online.

The Paediatric Injectable Guidelines is a nationally recognised, clinical resource. It provides Australian health clinicians with an authoritative reference for the effective administration of injectable medicines for children and it is regularly updated with the latest best evidence in paediatric medicine.

Accessing BMJ Best Practice:

How do I access these Guidelines?

Click on Drug Resources on the Library pages of your Intranet and then click the link titled, Paediatric Injectable Guidelines, on the left of the page.

If you have any issues accessing this resource, please contact Grampians Health Library on #94455 or email Library@gh.org.au.

Please note: Grampians Health Library will be closed for the Public Holiday 27th September 2024. We will re-open Monday 30th September at 8:30am.



FAMILY DAY CARE OPENS AT EAST GRAMPIANS HEALTH SERVICE

**JODIE HOLWELL
COMMUNITY LIAISON**

East Grampians Health Service, in partnership with Let's Go Family Daycare, officially opened its family daycare facility in September, an innovative project that will enable EGHS staff to access short term/short notice childcare.

The new facility will mean staff, who are asked to work shifts at short notice (including night shifts), will have access to family daycare facilities that are a short walk from the health service.

This service complements Ararat's existing childcare centres, by acting as a short term/short notice facility to enable staff to still work when required if a session is not available at their usual provider.

EGHS chief executive Nick Bush praised all involved in bringing this innovative project to fruition, and said the initiative marks a significant milestone in EGHS's commitment to being a family-friendly employer.

More than 20 families have expressed interest and/or registered for the service, many expressing their gratitude for this initiative.

"The enthusiasm among our staff for the upcoming childcare service is wonderful," Mr Bush said.

"EGHS employees have expressed their gratitude for this initiative, recognising the significant impact it will have on their work-life balance. With the introduction of this service, we aim to create a supportive environment that values the diverse needs of our employees."

Mr Bush said EGHS was confident that this childcare program will also serve as a model for other health services and organisations striving to support their employees' family needs.

"We are very proud of this project and look forward to seeing the positive impact on our community," Mr Bush said.



Hannah Jennings reads to Daisy Holloway, Oscar and Kate Edge

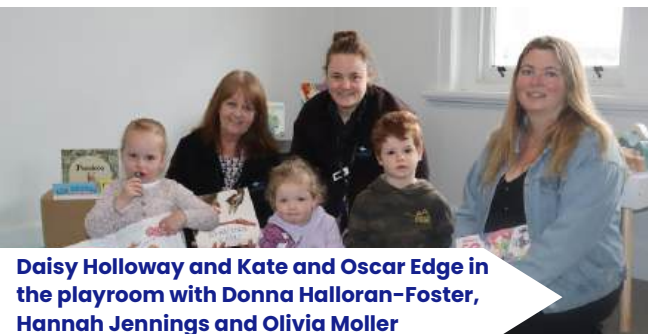


Daisy Holloway in the playroom



Lauri Williamson, Amelia Miller, Steve De Rosa, Mario Santilli, Jane Miller and Maree Fraser

Below left: cutting the ribbon at the opening of Let's Go Family Daycare at East Grampians Health Service, L-R, Childcare Project Implementation Officer Donna Halloran-Foster, Let's Go Family Daycare's Olivia Moller, former EGHS Director of Development and Improvement Mario Santilli with children, Kate and Oscar Edge, Hudson Purtell and Daisy Holloway



Daisy Holloway and Kate and Oscar Edge in the playroom with Donna Halloran-Foster, Hannah Jennings and Olivia Moller



Hudson Purtell in the playroom

EAST GRAMPIANS HEALTH SERVICE RESEARCH SHOWCASED AT THE NATIONAL RURAL HEALTH CONFERENCE

**MICHELE CONLIN
RESEARCH SUPPORT LEAD – DELIVER**

Five East Grampians Health Service (EGHS) staff members attended the National Rural Health Conference, held in Perth on 16-18 September 2024.

The conference brought together delegates from across Australia, and was an opportunity to share research, clinical innovations and consumer perspectives across the broad scope of rural health. Presentations from EGHS staff included Jake Romein describing the feasibility of a community-based modified sport program for rural older adults, Ancara Thomas outlining the development and implementation of a rural residential aged care staff wellbeing support program, Jaclyn Bishop illustrating how a penicillin oral challenge program can be adapted for a rural health service, Ella Ottrey reporting on the impact of Montessori methods in a rural aged care facility, and Michele Conlin presenting on the process of providing rapid evidence summaries for rural health services as part of the regional DELIVER research project.

These presentations all generated further discussions and questions from conference attendees who were keen to learn more about the research undertaken at EGHS. Keynote speakers inspired delegates to be curious, to continue advocating for equity in rural health, and to develop place-based, relationship-focused healthcare. These themes strongly resonate with EGHS.



Pictured: Jake Romein



Pictured: Jaclyn Bishop



Pictured: Ella Ottrey



Pictured: Ancara Thomas



Pictured left to right: Jaclyn Bishop, Ella Ottrey, Jake Romein, Michele Conlin, Ancara Thomas.

A CENTURY OF MEMORIES

JODIE HOLWELL
COMMUNITY LIAISON

Garden View Court resident Joyce Hellyer turned 100 on September 19, and enjoyed celebrations with family, friends, residents, staff and volunteers.

Joyce was born and raised in Ararat, one of seven children, with her twin sister Joan Smart passing away at the age of 96. Joyce has three children, seven grandchildren and seven great grandchildren.

Joyce spent time in the Army and also worked for many years at haberdasher Fraser's in Ararat as a sales assistant.

A beautiful high tea was prepared by the EGHS Residents' Support Group and Garden View Court was decorated by staff, with Chief Executive Nick Bush presenting Joyce with flowers to mark the special occasion.

Congratulations Joyce, we hope you enjoyed your day!



Joyce with her children, L-R, Tracie, Barb and Gavin.



Joyce chats to Garden View Court Manager Natalie Wohlers.



The beautiful high tea and decorations prepared by the Residents' Support Group and staff of Garden View Court.



EGHS chief executive Nick Bush presented Joyce with flowers on the occasion of her 100th birthday.



Residents' Support Group members who catered for the party, L-R, Marlene Goudie, Linda Kerr, Jeanette Hawley, Marg Young, Chris Doak and Kerry Coone.

WHERE ARE THEY NOW?

LAURI WILLIAMSON

Lauri Williamson received an EGHS Building for the Future Foundation scholarship to undertake a Certificate IV in Human Resources Management, through the Australian HR Institute (AHRI).

Prior to receiving the scholarship, Lauri was working across both the Medical Imaging Department and the Human Resources Department.

Lauri said that receiving the scholarship meant that she was able to gain knowledge and understanding of her new role as an HR assistant.

“Receiving the scholarship has meant that I have more confidence to carry out my role and give back to the health service,” Lauri said.

“I appreciate the support provided by EGHS to its staff to further their skills and knowledge through learning and education.”

Lauri said completing the Certificate IV in Human Resources Management has enabled her to grow in her role professionally and take on more responsibility as a Recruitment Officer.

“I enjoy working alongside my colleagues and being able to bring new staff members into the organisation,” Lauri said.



Lauri Williamson is pictured receiving her scholarship from Building for the Future Foundation Trustee Jill Tivey at the 2022 annual general meeting.

♻️ Commingled recycling

YES



Metals



Glass bottles and jars



Hard plastic



Cartons



Paper and cardboard

NO



Vials and ampules



Syringes



Disposable cups



Paper towel



Soft plastic

Is it clinical waste?
Clinical waste must be disposed of in appropriate clinical waste bin



THANKFUL THURSDAY

“I am truly thankful to the EGHS staff, visiting medical officers and volunteers for the welcoming environment they create for new staff, casual staff and students.”

NICK BUSH
CHIEF EXECUTIVE

PARKLAND PURSUITS

**MICHELLE MASLEN, PAM WHEELER, JOSIE HICKEY
LEISURE AND LIFESTYLE TEAM, WILLAURA HEALTH CARE**

In September we had country music with Michael and Keith, bob bowls with Jose, residents made dragon flies with Pam and a barbecue and carpet bowls with Michelle.

We had a great celebration for the Grand Final day and Spring planting in the vegetable garden.

In October we are hoping for better weather. Pam will have a Journey through Africa, Michelle to do Art Therapy and a Chinese day. We have a new game called 'The wall of China' for that day, along with Chinese food.

Both Pam and Jose will be decorating for Halloween and the kinder kids will be visiting for Halloween.

We will have country music again and a Beer Fest day. We have some great outings looking at the canola, lambs, cows and mountains.



Pictured Alison and Colin having a country Waltz to Michael & Keith's music.



Pictured above: Elsie Duver making a dragon fly.



Pictured right: Alison Holmes who finished this vase of flowers with her husband Colin.

WORLD PHARMACISTS' DAY

JODIE HOLWELL
COMMUNITY LIAISON

World Pharmacists' Day was celebrated in September, a day to recognise and celebrate the crucial role that pharmacists play in building healthier communities.

This year's theme was Pharmacy: Always trusted for your health

At EGHS our pharmacist, Olga, is integral to the quality care we provide our community. Olga ensures a safe medication journey for all patients, which includes providing information to patients on medications administered.

On World Pharmacists' Day, EGHS would also like to acknowledge the work of Trident Pharmacy at Willaura Health Care.

Pictured right is EGHS Pharmacist, Olga.



EGHS STAFF FITNESS

KELLY RYAN - EXERCISE PHYSIOLOGIST

Staff fitness runs every week on Tuesday at 5:15pm – 6:15pm. On occasion, we do modified sport during staff fitness time. These sports may include but indoor games at the Ararat Fitness Centre in the winter months and outdoor activity planned in the warmer months.

Exercise provides many benefits to our health and quality of life such as strengthening our bones and muscles, reducing our risk of chronic conditions, boosting cognitive function, improving mood and mental health.

Staff fitness welcomes all staff of any fitness level to join us in a warm and inviting atmosphere. Please see the planned activities for August and mid-September and stay up to date by joining the "EGHS staff Fitness" Facebook group for updates and last-minute changes.

CHC gym = Community Health Centre Gym
Ararat Fitness Centre: 61-73 High Street, Ararat

Please click the link to join:
[Ararat Fitness Centre : 61-73 High Street, Ararat](#)

Please click the link to join:
<https://www.facebook.com/groups/272393883425954>

I look forward to seeing you there!



DATE	ACTIVITY	LOCATION
OCTOBER 1 ST	Strength & Endurance	CHC gym
OCTOBER 8 TH	Circuit with Physio Isaac	CHC gym
OCTOBER 15 TH	Boxing (bring a partner)	CHC gym
OCTOBER 22 ND	High Intensity Interval Training (HIIT)	CHC gym
OCTOBER 29 TH	Pilates & Stretching	Outside weather permitting / Ark Toy Library TBC
NOVEMBER TBC		

WELCOME NEW EGHS STAFF

ROS BLOOMFIELD, HUMAN RESOURCES MANAGER

KIRSTY MILLSON
TRAINEE ENROLLED NURSE

ALL ABOUT ME...

Favourite AFL Team | **Carlton**

Favourite Food | **Mexican**

Favourite Music | **All types**

Interests | **Friends, Family and Music**

One thing I'm Good at | **Smiling**

One thing I want to do in this lifetime | **Live a long and healthy life**



BONNIE SMART
CARE COORDINATOR

ALL ABOUT ME...

Favourite AFL Team | **Western Bulldogs**

Favourite Food | **Japanese**

Favourite Music | **Techno & 90s alternative**

Interests | **Bodybuilding and Football**

One thing I'm Good at | **Lifting weights, playing football(ruck) and eating**

One thing I want to do in this lifetime | **Travel and retire early**



BART WILSON
GARDENER / HANDYPERSON

ALL ABOUT ME...

Favourite AFL Team | **Essendon**

Favourite Food | **Broccoli**

Favourite Music | **Metal**

Interests | **Anime and Gaming**

One thing I'm Good at | **Gardening**

One thing I want to do in this lifetime | **Travel**



BIG TURNOUT FOR TOY LIBRARY MOVIE DAY

JODIE HOLWELL
COMMUNITY LIAISON

The Ark Toy and Activity Library's annual movie day attracted 198 people, who enjoyed the feel-good movie 'Runt'. Held at the Astor Cinema, the movie day raised more than \$2,200 which will be used to purchase new toys for the Toy Library. Congratulations to the Toy Library on another successful event. **(Pictured are patrons at the Toy Library's movie day)**



NEW ARRIVALS AT EGHS

JODIE HOLWELL
COMMUNITY LIAISON

Jessie and Koby Stewart have welcomed their daughter, Gracie Val Stewart (pictured right).

Baby Gracie was born at East Grampians Health Service on September 23 2024, weighing 3272 grams.

"Thank you to all the amazing midwives and staff at EGHS for our amazing care," Jessie and Kobie Stewart.



I-HEART RESEARCH PROJECT

ALISON FITZGERALD
PROJECT COORDINATOR

I-HEART is an exciting research project that is being implemented at six rural Victorian sites and includes EGHS.

It aims to support EGHS staff to implement best-practice health care for people admitted to hospital with heart failure, focusing on their first 30 days at home.

This includes:

1. Recommended medication regime
2. Regular meetings with heart failure specialist nurse practitioners and cardiologist via telehealth
3. Creating and using resources that enable EGHS staff to use evidence-based guidelines to support our clients

Currently, the i-HEART team are working with EGHS staff to design these resources and enable our clients with heart failure to have a smooth transition from hospital back into their lives at home. Thus, the project aims to keep clients out of hospital and optimize their health.

Thank you to the doctors, nurses and Aboriginal Health Liaison Officer for their time in helping to create resources that are tailored to the needs of clients in our region, which will make all the difference.

The project is funded by the National Health and Medical Research Council (NHMRC), initiated by the Principal Investigator, Professor Andrea Driscoll and supported by the Project Manager Sharon Meagher. For further information, please contact Alison Fitzgerald (Site Project Coordinator) via alison.fitzgerald@eghs.net.au.



PUB LUNCH AT 70 LOWE STREET

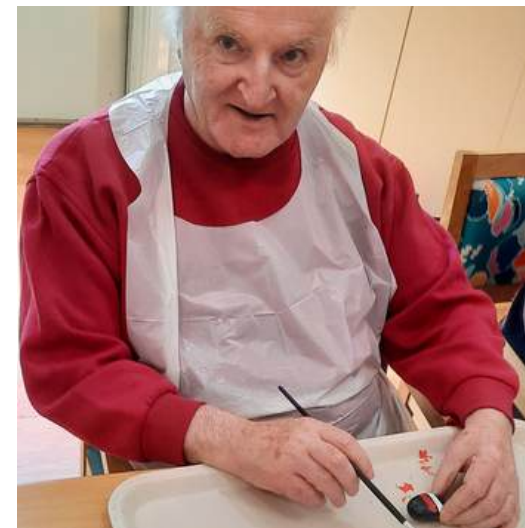
Once again, the Lowe St 'Pub Lunch' has proved to be a great success. Some residents invite family members or friends to come in and have a special lunch with them. A private area is set up and the catering department provide a traditional 'Pub' lunch for residents and guests. On the menu this time was a wonderful Fisherman's Basket with individual Pavs for dessert. This event is held every 3-4 months and the guest list is rotated so everyone has an opportunity to enjoy the experience.



FOOTY ROCKS



Residents from 70 Lowe St and Garden View Court have been working on a special AFL Grand Final project. They have been busy painting rocks in the team colours of the AFL finalists. These rocks were then placed around the town, schools, and kindergartens. If you were lucky enough to find one, hold on to it. After the Grand Final, if you have a rock in the colours of the winning team, bring it to 70 Lowe St and you will be in the running to win a Sherrin football, kindly donated by the Ararat Eagles Football Club. There are only 4 rocks in each teams' colours so you have a good chance of winning the footy. If no-one presents with the winning coloured rock, we will open it up to all colours. So, hold on to the rocks and keep an eye on our social media pages for updates.



FOOTY FOOD AT PATRICIA HINCHEY CENTRE

Patricia Hinchey Centre consumers enjoyed the start of the AFL football finals with some traditional footy food. Our PHC consumers are very passionate about their footy!



HINCHEY HIGHLIGHTS

Nicholas Betson
Administration Assistant



Footy Tipping 1st place winner Pam Harvey



Footy Tipping 2nd Place winner Katie Gawley



Footy Tipping 3rd Place winner Roderick Donaldson



Left to right Dot North, Gwen Dridan & Betty Green with Therapy Dog



BALLARAT & GRAMPIANS COMMUNITY LEGAL SERVICE

Striving for an informed community with access to justice through the law



Ararat Neighbourhood House Inc.
The Heart of our Community

FREE LEGAL ADVICE ON YOUR FUTURE LIFE PLANNING.



Ararat Neighbourhood House hosting FREE and Confidential legal services to our community with the collaboration of Ballarat & Grampians Community Legal Services.

All Legal Services will be provided by APPOINTMENTS ONLY

Thursday, 15th August 9.30am - 12.30 pm
Thursday, 24th October 9.30am - 12.30pm

03 5331 5999 | Free Call: 1800 466 488



A MURDER MYSTERY DINNER

WILD WILD WEST

In the

Proudly brought to you by Willaura & District Community Development Group Inc. in partnership with Ararat Town Hall

SATURDAY 19TH OCTOBER 2024

Yeah, the drinks are flowing at Wild Will's Saloon when Sheriff Stacie Badford announces that the gold has been stolen by the Ugly Face Gang. Grab your hat and put on your spurs as there are some varmints out there who need to be tickled with your shooting iron. It's a murder mystery right, full of laughter, intrigue & suspense. Come along and see if you can guess "whodunnit"!



Where: Willaura Memorial Hall

Doors & Bar Open 7.00pm for 7.30pm

\$70 per person

Ticket includes show & 2-course meal by Paolo Symons

Drinks available at bar prices (STRICTLY NO BYO)
organized by the Willaura Memorial Hall Committee

(Bookings essential by Tuesday 15th October)


Tickets available at
<https://www.trybooking.com/CTFWT> or
call into Community Bank Willaura and Lake Bolac

Grab your lasso and come dressed from the wild, wild west. From outlaw to sheriff, saloon girl to cowboy you'll be right at home at Wild Will's Saloon.




October E learning


Focus on Bullying and Infection Control



Go to your e learning account
Click on your 'Bullying in the Workplace' and 'Infection Prevention and Control Principles (inc hand Hygiene)'

Complete your e learning
Prior to the due date

What more can you do?
Search for other bullying and infection control modules on Grampians Learning Hub



OCTOBER IS:

ALLIED HEALTH PROFESSIONALS DAY (14TH)
HEALTH SUPPORT SERVICES DAY (18TH)
INFECTION PREVENTION WEEK (13TH - 19TH)
NATIONAL BULLYING PREVENTION MONTH

CHRONIC ILLNESS SOCIAL GROUP (C.I.S.G)



C.I.S.G INCL Cancer Survivors
And or Carers Past And Present
Meet And Greet
Ararat Neighbourhood House
for conversation and a Cuppa


When: Every Thursday

Where: 56 Campbell Street Ararat Vic 3377

Time: 12.30pm to 2.30pm
Cost: Gold coin donation

Phone: (03)5352 1551



www.araratneighbourhoodhouse.com.au

GARDEN VIEW COURT – POP UP SHOP FOR RESIDENTS

RUTH KALISZEWSKI
LEISURE AND LIFESTYLE

Residents were given individualised small luggage scrapbook sized invitations that reflected something about their likes and history and invited to attend the Pop-Up Shop of preloved items on a Saturday.

This was a major effort as the activities’ rooms were full to the brim, having carted in some 18 loads plus of clothing, handbags and accessories.

Residents enjoyed a morning of shopping with family and friends, catching up with others and reading a paper while waiting. Jim was our first customer, who stayed, chatted and watched a two-hour session of mammoth shopping until walkers and arms were full. Payment was made by pressing the service bell and being informed payment was made in full, with love and kindness, as items were labelled and taken back to be somehow fitted into their closets.

Thanks to the 10 volunteers who donated clothing items including the Salvation Army and Save the Children outlets, Graeme Foster at Foster’s Mensland, staff at EGHS and RSL Advocate Lyn Russell and Sharolyn Rattray who were angels on the day, assisting residents to try and buy (no money actually exchanged), Stephen DeRosa and Daniel Southern, volunteers and Residents’ Support Group members. Residents are still talking about it!



Pop up clothes shopping



Betty and family



Rhonda and Lyn RSL advocate



Movie theatre day activity



Singing along with Cathy McAdie and crew at Garden View Court



Visiting Chinaman’s Hut Mt Cole with Garden View Residents



Patti Clothes shopping



Margie with her shopping



Bill's shopping purchases



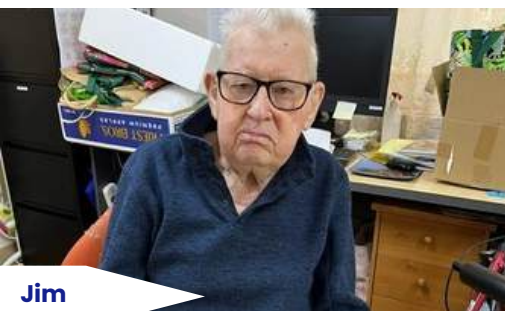
Bev with her shopping



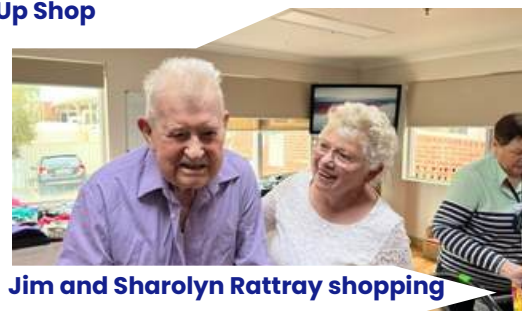
Patti's amazing purchases



Below: Ollie checking on their purchases at the Pop Up Shop



Jim



Jim and Sharolyn Rattray shopping

GARDEN VIEW COURT – AUGUST ACTIVITIES



Thermomix cooking with Marion from start to finish



Weatherman Randle in action daily at Garden View Court



Resident outing saw Garden View Court's Jim and Graeme Foster from Foster's Mensland talking about suit options and Ararat City Band business.



Movie matinee enjoyed by Garden View Court residents, including Marge's son Peter (above)



High tea prepared by the Residents' Support Group and served to Garden View Court residents.



A visit to our inhouse hairdresser Lisa by resident Rhonda was much enjoyed and appreciated.



- Cheezelmania - Residents never too old for this Cheezels trick!



RUOK? DAY 2024



FOOTY COLOURS DAY

