

ECHO



East Grampians
Health Service

EAST GRAMPIANS HEALTH SERVICE



CE Report

Welcome to the September edition of the Echo.

The Health Services Plan has been released with the recommendation for directed consolidations of health services not to be proceeded with. This has been an enormous relief for many staff and community members.

In July 2023, the Department of Health commissioned an Expert Advisory Committee to examine the design and governance of Victoria's health services' system. The committee recently submitted its Health Services Plan to the Victorian Government for consideration, and the Government has accepted 26 of the 27 recommendations in the plan, in whole or in principle.

They did not accept the recommendation relating to directed consolidations of health services. I was delighted when the Victorian Health Minister came out on August 12 to say:

'The Government has accepted in full or in principle 26 out of 27 recommendations from the report, which provides an excellent foundation for us to build a better connected, easier-to-access health system for all Victorians. Importantly – I want you to know that the Government does not accept the recommendation relating to directed consolidations of health services.

CE Report cont. Page 2

CE Report cont.

While the committee's advice was that directed consolidations were expected to yield the greatest benefits for patients and the workforce – we do not believe that imposing change on health services and their communities will result in better patient care. We know that it's important we listen to your feedback and broader community views on strengthening our world-class health system that works better for all Victorians'.

Premier Jacinta Allan said, 'We believe that locals know their community health needs best and – together with their health service leaders – their voices must be listened to in the delivery of local health care'.

What are the next steps?

Local Health Service Networks' geographic groupings will be developed. These networks will be responsible for planning and managing care so that it meets the population's health needs of their communities. These Networks will replace Health Service Partnerships. Once established, the Network will share functions such as payroll and IT, including an Electronic Medical Record.

Formalised relationships between each Network, a women's, children's, and a major tertiary hospital ensure that every Victorian has seamless access to specialist care and expertise when they need it.

The most beneficial part of the report for EGHS is its alignment with a women's, children's, and major tertiary hospital. The plan suggests that the Grampian region's health services should align with the Parkville Hospitals, including The Royal Melbourne, Children's, and Women's Hospitals.

To be aligned to these three leading hospitals is a great result for EGHS. The Royal Women's Hospital supported EGHS in the early 2010s with its birthing services. It would be hoped that the Electronic Medical Record 'Epic' used by the Parkville hospital can be extended to the Grampians health services.

Hospitals Victoria will be created and be part of the Department of Health. Their focus will be on ensuring that all parts of the health system are financially sustainable. Health services will be supported to reduce non-clinical duplication and double-up. We are always keen to be as careful as possible with taxpayer funds.

East Grampians Health Service is incredibly pleased to offer several educational scholarships in partnership with our generous supporters, the Laidlaw Family, Epworth Healthcare Group, Keith Little, the EGHS Building for the Future Foundation and the Estate of Joe Kapp.

The scholarships are offered to grow and develop the skills of our staff as part of our 'grow our own' strategy. I encourage all staff aspiring to grow and develop professionally to apply for the scholarships. Many of our current services have flourished due to the skill development of our local staff, which scholarships have supported.

The variety and scope of the scholarships are on the EGHS website and in a full-page advertisement in this edition of the ECHO. Applications close Friday, September 13.

It is very pleasing to see the weather improve, and netball and football finals get underway. I understand that a number of our staff are preparing for a top-of-the-table clash in the Mininera A Grade netball: the Ararat Eagles vs. the Tatyoon Hawks. Winning finals' times is important, but that sense of community and connection based on fitness and wellness is even more critical.

Best of luck to all our staff who will participate in finals or have family members competing.

It is very pleasing to see EGHS staff members Russell Purdie, Maree Fraser-Croft, Jodie Holwell, Lionel Holt and Nakara Elliott perform in Joseph and the Amazing Technicolor Dreamcoat. It is great to see the leadership shown by our staff.

BLUE RIBBON FOUNDATION COMMITS TO FUNDING ANAESTHETIC MACHINE

**JODIE HOLWELL
COMMUNITY LIAISON**

The Victoria Police Blue Ribbon Foundation Ararat Branch presented a cheque for \$40,000 to East Grampians Health Service as part of its commitment to the purchase of a new anaesthetic machine.

The \$114,070 anaesthetic machine will be used in the EGHS Jason Bond Perioperative Unit.

The upgrade of the Perioperative Unit was funded by the Ararat Branch in 2015 and included a redesign and refurbishment of the theatre recovery and day procedure unit. It was named in memory of local young man Jason Bond, a police officer in training, who died as a result of a motor vehicle accident in 2011.

The donation, which primarily came from the proceeds of the recent successful Gala Night, is the first instalment in the anaesthetic machine project, with the Branch expecting to make another donation following next year's Grampians 'Ride to Remember' in February.

Ararat Branch president Dianne Radford said the branch was pleased to be able to present the first instalment towards the anaesthetic machine.

"Since the Ararat Branch of the Victoria Police Blue Ribbon Foundation was formed 22 years ago, we have donated more than \$1 million to East Grampians Health Service, of which our volunteer committee is very proud," Mrs Radford said.

"The anaesthetic machine is a vital piece of equipment for the Perioperative Unit, and we are very pleased to donate this equipment to the unit named in honour of Jason Bond."

The anaesthetic machine is used for anaesthetic purposes for every patient who has a procedure in theatre.

The purpose of the anaesthetic machine is for the safe administration of anaesthetic gases, including oxygen, medical air, Nitrous and the actual anaesthetic agents. It also allows for the safe and effective monitoring of the anaesthetised patient at all times throughout their anaesthetic journey.

The anaesthetic machine acts as the lungs for the anaesthetised patient, with the ability to administer the correct amounts of medication required for that patient to have their surgery, in a safe and controlled environment.

EGHS chief executive Nick Bush thanked the Blue Ribbon Foundation Ararat Branch for the first instalment towards, and generous support of, the anaesthetic machine project.

"With the support and dedication of the Blue Ribbon Foundation Ararat branch, partners, businesses, organisations and everyone who annually supports the Ararat Branch's fundraising efforts, we are able to provide state of the art equipment and facilities for our community," Mr Bush said.



Pictured L-R, Victoria Police Blue Ribbon Foundation Ararat Branch members Jodie Holwell and Stuart Kerr with EGHS Perioperative Unit Acting Manager Judi Debney, Lyndee and Michael Bond, Ararat Branch President Dianne Radford and EGHS Chief Executive CEO Nick Bush

HEALTH SERVICE THANKS MAJOR SUPPORTERS

JODIE HOLWELL COMMUNITY LIAISON

East Grampians health Service held an afternoon tea to thank its major supporters.

Groups and individuals thanked included the EGHS Murray to Moyne Cranks and Defibrillators, the EGHS Building for the Future Foundation and Monika Kapp.

The Murray to Moyne Cycle Relay teams, have represented EGHS for more than 20 years in the relay, in that time raising approximately \$200,000 for the health service.

Over the past two years, the teams have raised \$16,800 towards the Bone Density Scanner and \$13,638 for two Accella Therapy mattresses.

"The riders and their support crew and bus drivers work hard to raise funds with a variety of fundraisers, such as the Ararat Market and Trivia Nights, raffles as well as individual sponsorship and generous sponsorship from Ararat businesses," EGHS chief executive Nick Bush said.

"Congratulations and thank you for your support of the health service."

The Building for the Future Foundation is a charitable Trust established in 2010 with the purpose of providing funding for staff development, special purpose projects and equipment for East Grampians Health Service. The Trust is governed by six independent local Trustees who manage the Trust's assets and the distribution of funding for the sole benefit of the Health Service.

Recent support includes the funding of three pieces of equipment:

\$38,590 towards the Bone Density Scanner

\$52,910 for the X-ray plate

\$15,150 for the Ultrasound Probe Steriliser

"The Foundation also annually offers scholarships up to the value of \$30,000 to individuals to enhance and develop their knowledge and learn new skills," Mr Bush said.

"In 2020, an additional scholarship was created on behalf of the Estate of Joe Kapp, up to the value of \$15,000. These scholarships are open for both clinical and non-clinical educational support to improve staff retention and to contribute to workforce development and service delivery.

"Thank you for your support of the health service over the past 14 years."

Monika Kapp and her late husband Joe are major supporters of, and donors to, the health service.

"In the past Monika and her late husband Joe have funded our Solar Panel carpark, and most recently provided \$270,000 which allowed the health service to develop an area for our new Team Based Maternity Model staff, including GP Obstetricians, midwives and lactation consultants, in an area previously used by the Health Information staff, behind our front reception area. Also constructed was a welcoming discharge lounge in the Inpatient Unit.

"Thank you, Monika, for your continued support of East Grampians Health Service in many ways."



Volunteer Coordinator Hannah Jennings, David Romeril (Murray to Moyne bus driver), Director Support Services Stuart Kerr and Murray to Moyne bus drivers Loretta Sanders and Maree Fraser



Building for the Future Foundation trustees L-R Graeme Foster, Bill Jones (left) and David Hosking (right) with Director of Finance Tony Roberts



Monika Kapp in the new Inpatient Unit discharge lounge with midwives Amanda Cranstoun, GP Obstetrician Dr Megan Helper, midwives Maggie Astbury and Carol Leo with new mum Erin Thomas and baby Addison



Donors in the room which will house the bone density scanner



Murray to Moyne riders Erin Thomas, with baby Addison, Gary Brumby and Lisa Haddow

HEALTH SERVICE BENEFITS FROM G J GARDNER HOMES COMMUNITY GROWTH PROGRAM

JODIE HOLWELL
COMMUNITY LIAISON

G J Gardner Homes Ararat has donated to East Grampians Health Service through its Community Growth Program.

Office Manager at G J Gardner Homes Ararat, Sally Heard, presented a cheque to EGHS chief executive Nick Bush for \$581, on behalf of client Vincent Wong.

Mrs Heard said clients who build with G J Gardner Homes have the option to sign up for the Community Growth Program, nominating their preferred local club, charity, school, kindergarten or not-for-profit organisation, with G J Gardner Homes contributing 0.1% of the contract price to the nominated charity.

"G J Gardner Homes prides itself on being part of the local community and through the Community Growth Program shows its appreciation by giving back to the locals who support us," she said.

EGHS chief executive Nick Bush thanked G J Gardner Homes and client Vincent Wong for their generosity.

"Funds donated will go towards equipment and services to benefit our patients and consumers," Mr Bush said.

"We are grateful for the support of G J Gardner Homes and their Community Growth Program. The support of our community and generosity of local businesses enables us to continue to provide quality care to our community."



Pictured are EGHS chief executive Nick Bush and G J Gardner Homes Ararat Office Manager Sally Heard

THANKFUL THURSDAY

"I'm grateful for having a supportive Director who understands the importance of a flexible work environment that allows me to not only enjoy work, but also gives me a good balance of work and family time. As a single mother this is very important to me."

SARAH CAREY
EXECUTIVE ASSISTANT
DEVELOPMENT & IMPROVEMENT

Research Capacity and Culture at EGHS

High research activity in health services has been shown to improve patient outcomes and staff satisfaction. It is therefore crucial to foster strong research capacity and culture.

2023 Research Capacity and Culture Survey Results

Last year, the Research Capacity and Culture Tool was used to survey health service staff in Western Victoria, including at East Grampians Health Service. The survey asked staff to consider research culture and capacity across three levels: organisational, team and individual. Each question was rated on a scale of 1 to 10 (1 being the lowest and 10 the highest).



The survey was completed by 41 staff at EGHS. Here is the summary of the results:

- **Organisational level: 7/10**
 - Highest rating: *"EGHS requires ethics approval for research activities"*
 - Lowest rating: *"EGHS provides funds, equipment or admin to support research activities"*
- **Team level: 7/10**
 - Highest rating: *"The team provides access to literature searching and article retrieval"*
 - Lowest rating: *"The team has incentives and support for mentoring activities"*
- **Individual level: 6/10**
 - Highest rating: *"Capacity to find relevant literature"*
 - Lowest rating: *"Capacity to secure research funding"*

2024 Action Plan

As a result of this survey, the Development & Improvement Research unit has started implementing a targeted action plan to address areas for improvement and leverage our strengths. Examples include:

- Developing a research-specific communication plan for EGHS.
- Enhancing and promoting opportunities for staff to build their research skills.
- Increasing visibility of research-related information for staff.

If you are interested in finding out more about the survey or action plan, please contact michele.conlin@eghs.net.au.

"The survey results are very pleasing. They show that we've made great progress in strengthening our research presence and culture. The results have also helped us to identify where more focus is required. We are committed to ongoing integration of research into clinical care to continuously improve the quality of our services."

- Jaclyn Bishop, Director Development & Improvement

YOU ARE INVITED TO OUR OPEN DAY TO CELEBRATE EAST GRAMPIANS HEALTH SERVICE PARTNERING WITH LET'S GO FAMILY DAYCARE

Where: 77 Queen Street, Ararat

Date: 5th September 2024

Time: 10:00am-12:00pm

Our Project of Short term/Short-notice childcare has been approved.

Come along to our Open Day to meet with Olivia the Approved Provider of Let's Go Family Daycare.

On the day you will get an information pack from Olivia regarding registration, Childcare Subsidy, and other information. Olivia will be able to answer any questions you may have.

Mario Santilli will officially cut the red ribbon at 10:30am. Mario has been the driving force in making this project happen.

If you are unable to attend on the day, you can email Donna.halloranfoster@eghs.net.au and an information pack will be forwarded to you.



EGHS STAFF SURVEY – EGHS STAFF ONLY

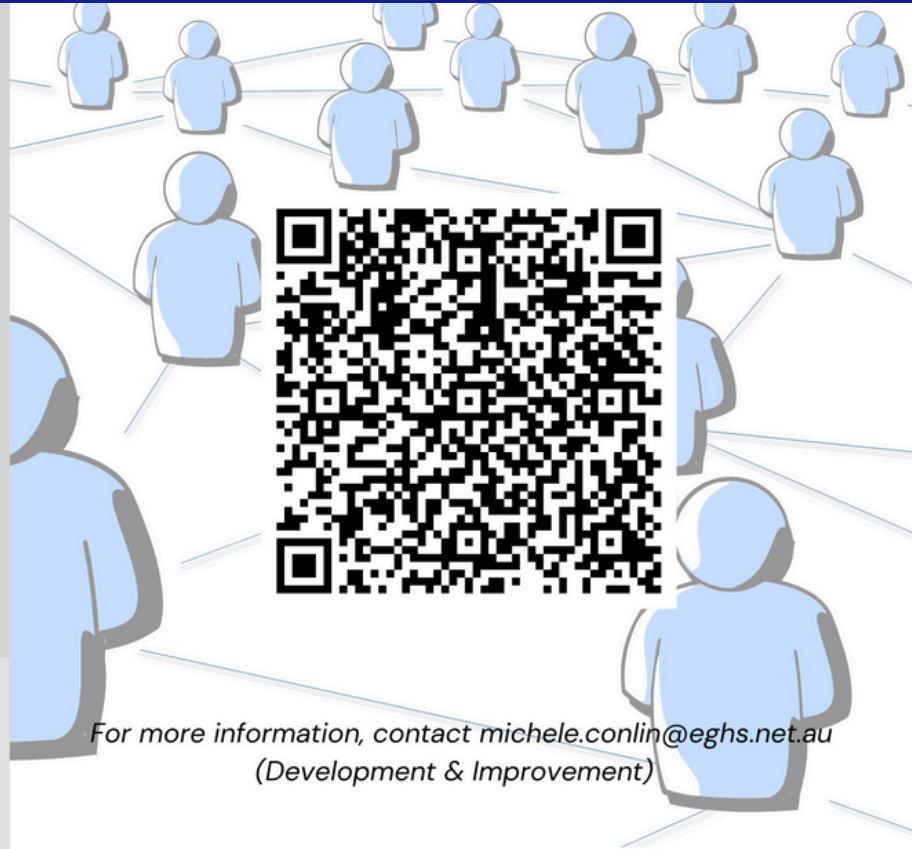
RESPONSES CLOSE 11 SEPTEMBER 2024

EGHS would like to know more about staff's current and preferred ways of getting EGHS news & updates.

Answer this quick survey to help us improve how we reach you and your team.



East Grampians Health Service



EGHS STAFF FITNESS

KELLY RYAN – EXERCISE PHYSIOLOGIST

Staff fitness runs every week on Tuesday at 5:15pm – 6:15pm. On occasion, we do modified sport during staff fitness time. These sports may include but indoor games at the Ararat Fitness Centre in the winter months and outdoor activity planned in the warmer months.

Exercise provides many benefits to our health and quality of life such as strengthening our bones and muscles, reducing our risk of chronic conditions, boosting cognitive function, improving mood and mental health.

Staff fitness welcomes all staff of any fitness level to join us in a warm and inviting atmosphere. Please see the planned activities for August and mid-September and stay up to date by joining the “EGHS staff Fitness” Facebook group for updates and last-minute changes.

CHC gym = Community Health Centre Gym
Ararat Fitness Centre: 61-73 High Street, Ararat

Please click the link to join:
[Ararat Fitness Centre : 61-73 High Street, Ararat](#)

Please click the link to join:
<https://www.facebook.com/groups/272393883425954>

I look forward to seeing you there!



Date	Activity	Location
September 3 rd	Cardiovascular exercises	CHC gym
September 10 th	Bodyweight-based exercises	CHC gym
September 17 th	Futsal (Indoor Soccer)	AFC
September 24 th	Zumba	CHC gym
October 1 st	Strength & Endurance	CHC gym
October 8 th	Circuit with Physio Isaac	CHC gym
October 15 th	Boxing (bring a partner)	CHC gym
October 22 nd	High Intensity Interval Training (HIIT)	CHC gym
October 29 th	Pilates & Stretching	Outside weather permitting / Ark Toy Library TBC

WELCOME NEW EGHS STAFF

ROS BLOOMFIELD, HUMAN RESOURCES MANAGER

NICHOLAS BETSON
ADMINISTRATION ASSISTANT
ALL ABOUT ME...

Favourite Food | **Sichuan Chilli Pork Belly Stir-Fry**
 Favourite Music | **Bobbie Gentry to Post-Punk and everything else**
 Interests | **Music, Gadgets, Travel**
 One thing I'm Good at | **Nattering**
 One thing I want to do in this lifetime | **Check out Ethiopia (and surrounding areas)**



BONGINKOSI "BONNIE" DOYLE
HEALTH CARE WORKER
ALL ABOUT ME...

Favourite AFL Team | **Western Bulldogs**
 Favourite Food | **Zimbabwean Cuisine**
 Favourite Music | **Country/Gospel Music**
 Interests | **Travel, Sports (Tennis/soccer/AFL/NRL)**
 One thing I'm Good at | **Communication**
 One thing I want to do in this lifetime | **To start up an orphanage in Zimbabwe**



LISA JOHNSTON
ENDORSED ENROLLED NURSE
ALL ABOUT ME...

Favourite AFL Team | **St Kilda**
 Favourite Food | **Haloumi Burger**
 Interests | **Horses, Outdoor Activities, Studying**
 One thing I'm Good at | **Being independent**
 One thing I want to do in this lifetime | **Go in a shark cage and be face to face with a great white**



MEHAKDEEP KAUR
CHEF
ALL ABOUT ME...

Favourite Food | **I like to try new food**
 Interests | **Travelling**
 One thing I'm Good at | **Travelling**
 One thing I want to do in this lifetime | **Travelling**



**EMILY MANNING
RUSON
ALL ABOUT ME...**

Favourite Food | **Christmas Lunch**
Favourite Music | **Anything Taylor Swift**
Interests | **Trying new cafes & restaurants**
One thing I'm Good at | **Cooking**
One thing I want to do in this lifetime | **Walk the Camino de Santiago**



**ZOE MCKINNIS
CAFE ASSISTANT TRAINEE
ALL ABOUT ME...**

Favourite AFL Team | **Richmond**
Favourite Food | **Pasta & Sushi**
Favourite Music | **A mix of everything**
Interests | **All things skincare, makeup & animals**
One thing I'm Good at | **Helping people**
One thing I want to do in this lifetime | **Travel**



**LILY MONCRIEFF
LEISURE & LIFESTYLE ASSISTANT
ALL ABOUT ME...**

Favourite AFL Team | **Carlton**
Favourite Food | **Lasagne**
Favourite Music | **All music**
Interests | **Basketball & Netball**
One thing I'm Good at | **Being a good friend**
One thing I want to do in this lifetime | **Go to Greece**



**MARNIE SKILLER
REGISTERED NURSE - PERIOPERATIVE
ALL ABOUT ME...**

Favourite AFL Team | **Collingwood**
Favourite Food | **Pasta**
Favourite Music | **Vance Joy & Mumford & Sons**
Interests | **Cooking & Basketball**
One thing I'm Good at | **Being organised, both at and away from work**
One thing I want to do in this lifetime | **Volunteer in a third world country**



NEW ARRIVALS AT EGHS

JODIE HOLWELL COMMUNITY LIAISON

Emily Reynolds and Jarred Ohayon have welcomed their first child, Jalen James Ohayon.

Baby Jalen was born at East Grampians Health Service on August 15 2024, weighing 3800 grams.

"Thank you to all the midwives and Dr Megan Helper for making our labour process as smooth as possible. All your support is greatly appreciated," Emily Reynolds and Jarred Ohayon



East Grampians Health Service

Join us for the East Grampians Health Service Research Showcase

Date:
3rd September 2024

Time:
1:30-3:00 PM

Location:
Mt William Room, Pyrenees House, East Grampians Health Service or via Microsoft Teams

To register your attendance, scan the QR code:



We are thrilled to invite all staff, researchers and community members to our Research Showcase featuring the exceptional work of EGHS staff. This event is a fantastic opportunity to hear about EGHS research projects that are enhancing consumer, staff and community health outcomes.

Topics Include:

- The launch of the inaugural EGHS Research Plan
- Supporting the wellbeing of rural residential aged care staff
- A community-based modified sport program: A pilot study
- The impact of Montessori approach in rural aged care
- *The Just Cos initiative*: Bridging the gap between best evidence and practice
- Characterising General Practitioner Obstetricians in Australia
- And more

How to attend:

- **In person:** Join us in the Mt William Room, Pyrenees House, EGHS.
- **Virtually:** via Microsoft Teams.

We look forward to seeing you there and sharing the innovative research being conducted at EGHS.

Grampians Health Library

Getting the most out of Library Resources.

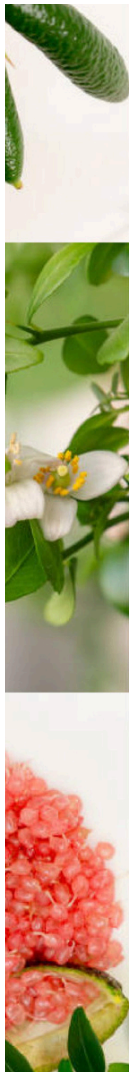
Do you want to know how to use health library resources more effectively?



Call Grampians Health Library on 5381 9291 or email library@gh.org.au to ask how we can train your team to successfully access the best evidence resources they need to do their work safely and effectively.

We can demonstrate how the library can support staff throughout their studies and research projects in the medical, nursing, allied health, paediatric or aged care professions: or answer the clinical questions that can arise in managing patient care.

Grampians Health Library is a critical tool in the health professional's care knowledge toolkit. Ask us today, how you can get the most out of library resources.



Flower Show

40th Anniversary



SPECIAL FEATURE

Edible Australian Native Plants

SPECIAL GUEST

Clarence Slockee
(ABC's Gardening Australia)

SEPTEMBER 2024
SAT 21st & SUN 22nd
9am-4pm

\$5 ENTRY

(Children Free)

POMONAL HALL

3360 Ararat-Halls Gap Rd, Pomonal Vic 3381

Market | Refreshments | Plant Sales | Book Sales
Expert Speakers | Information & Advice



Pomonal
Market Hall

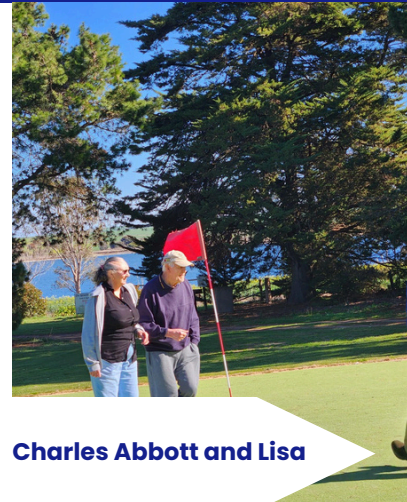


PARKLAND PURSUITS

Michelle Maslen, Pam Wheeler, Josie Hickey
Leisure and Lifestyle team, Willaura Health Care

What a busy month we have had. We have had Pam Wheeler join our Lifestyle team and Josie Hickey. We had a Botanical Artist come in and residents painted a red robin. They were later framed and placed in the residents room. We have been making Father's Day cards and selling them at the local Supermarket; four residents played Golf at the Willaura Golf range and were amazed at the green fairways; we are having the Uniting Church visiting, to deliver Daffodil day with music; and Pam has been busy with a resident pruning roses. We have music with Michael and Keith playing Country music, and the "In the Mood" Music from Melbourne with a rock and Roll theme - it really is a musical month!

In September we will celebrate Father's Day; Bob Bowls with Josie; and Miss Josie's ice cream trolley will visit on Sundays. Pam will be making dragon flies with residents; Michelle will take residents golfing again; we will have the AFL Grand Final on Friday the 27th; and Michelle will be gardening with residents to plant out the raised garden beds. It will be busy. Residents are now receiving a choice of activities every day. Cheers for now



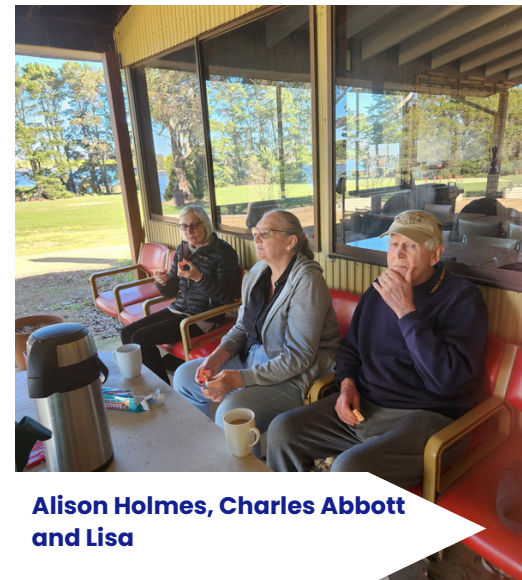
Charles Abbott and Lisa



Alison Holmes and Elsie Duver



Elsie Duver and Priscilla Friend painting Red Robyn's with Julie Reason



Alison Holmes, Charles Abbott and Lisa

THANKFUL THURSDAY

“I am so thankful for the wonderful , caring and dedicated staff at Willaura Healthcare.

They consistently advocate for their patients and residents and provide care that is compassionate, healthy and safe.”

ELIZABETH ATKINSON
 MANAGER - WILLAURA

HINCHEY HIGHLIGHTS

Grace Rethus Manager – Patricia Hinchey Centre

In celebration of the Paris Olympic games the Patricia Hinchey Centre consumers have enjoyed participating in many sporting events. Indoor bowls, quoits and a wonderful bowling triathlon (which included a mad dash around the table, the carrying of the bowls and the old school bowling alley shoot out) brought fits of laughter and much competitiveness.

A well exercised Olympian requires a full stomach to perform at the peak of their abilities. A couple of French themed lunches were held during the month of August to correspond with the Olympics. Consumers enjoyed ham and cheeses croissants with a Nicoise salad that danced across everyone's tastebuds.

A successful Olympics for 2024 and we look forward to the PHC winter Olympics in 2026.



Gwen Dridan and Sue McDougall Showing their award for the Lawn Bowls triathlon.



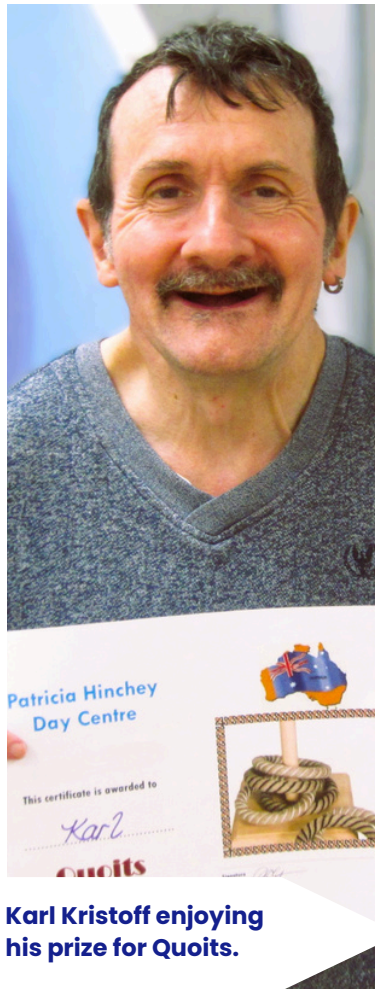
Rita Cannata gold medalist for breaking (modified)



Miki Sullivan showing her award for outstanding performance.



Kerry Broadbent serving a french theme lunch



Karl Kristoff enjoying his prize for Quoits.

COOKING UP A STORM AT LOWE STREET

JODIE HOLWELL
COMMUNITY LIAISON

Lowe Street residents went Greek for a day in the kitchen, cooking the traditional Greek dish, Spanakopita.

Spanakopita is a light filo pastry filled with feta, ricotta, spinach and some herbs.

Everyone enjoyed getting back into the kitchen after having the oven repaired, and the end result was very tasty and quickly disappeared!



Norma - Chief Chopper



Spanakopita - YUMM



Margaret M



Norma



Rhonda



Marg cooking



Cooking Spanakopita



Lachie 'apprentice chef'

SING AUSTRALIA VISITS 70 LOWE STREET

WENDY DUMESNY
RESIDENTIAL SUPPORT COORDINATOR

Members of Sing Australia Ararat recently visited to rehearse with member and Lowe St resident Roni. Roni has always loved music and singing. She has been a member of Sing Australia since 2006 and really enjoyed having the choir hold their rehearsal here. We are all looking forward to their return in coming weeks.



East Grampians Health Service
Ark Toy and Activity Library

MOVIE DAY

RUNT

EVERY UNDERDOG HAS ITS DAY.

**Thursday
September 19
1.30pm
Astor Cinema**

Tickets: \$20
Including afternoon tea
Available from: CAS Footwear
Barkly Street Ararat
Enquiries: Bo 0400 820 051

Ararat College's production of

Disney
FREAKY FRIDAY
A NEW MUSICAL

Book by **Bridget Carpenter** Music by **Tom Kitt** Lyrics by **Brian Yorkey**

Based on the novel *Freaky Friday* by Mary Rodgers and the Disney films

Licensed exclusively by Music Theatre International (Australasia).
All performance materials supplied by Hal Leonard Australia

DATES:
Town Hall Ararat
September 4th, 7pm
September 5th, 7pm

PRICES:
\$10- Adults
\$5- Student/child
No charge for pre school children

**September
E learning**

**Focus on Food Safety,
Falls Prevention and
Fire Awareness**

Go to your e learning account
Click on your 'Do Food Safety', 'Manual Handling' and 'Fire & Safety courses'

Complete your e learning
Prior to the due date

What more can you do?
Search other food, falls prevention and fire safety courses on Grampians Learning Hub

SEPTEMBER IS:
FALLS PREVENTION AWARENESS WEEK (23RD - 27TH)
NATIONAL FOOD SAFETY EDUCATION MONTH AND
NATIONAL FIRE PROTECTION MONTH

East Grampians Health Service Auxiliary
proudly presents
**AN EVENING WITH
AMY HARRIS**

October 3rd
2024
7pm
Ararat Town Hall

Amy is a former Principal Artist with the Australian Ballet and will speak about her early years of dance in Ararat through to her spectacular career with the Australian Ballet

Tickets:
Adults \$30
U/18 \$10
Includes a glass of sparkling or soft drink

Tickets from:
ararattownhall.com.au
Ararat Visitor Information Centre (Gallery entrance next to Foragers Café)
Phone: 1800 657 158

Raising funds for patient scales for the EGHS Dialysis Unit

Win tickets to the Australian Ballet
Proudly sponsored by Nevetts Lawyers

Featuring two short performances from Ararat Dance Centre and Dynamic District Dance Studio

Photographer - Michael van de Kerkhof



2025 SCHOLARSHIP OPPORTUNITIES

East Grampians Health Service is pleased to offer several educational support scholarships in partnership with our very generous supporters, the Laidlaw Family, Epworth Healthcare Group, Keith Little, the EGHS *Building for the Future* Foundation and the Estate of Joe Kapp.

The scholarships are offered to grow and develop the skills of our staff to improve the health, wellbeing and quality of life of our community.

Below is a summary of the opportunities available.

Building for the Future Foundation - Ray & Wayne Ord Scholarship

On behalf of Keith Little, the EGHS *Building for the Future* Foundation is offering the new Ray and Wayne Ord scholarship available up to the value of **\$15,000** to individuals to enhance their clinical or non-clinical skills.

A focus area will be post-graduate studies in speech pathology, podiatry and physiotherapy.

Epworth Healthcare Group

Epworth Healthcare Group is offering a scholarship of **\$15,000** to support a registered nurse to obtain post-graduate qualifications in Midwifery to ensure the development and the long-term viability of EGHS Midwifery services.

Building for the Future Foundation - Doctor of Medicine Scholarship

The EGHS *Building for the Future* Foundation is offering an exciting opportunity for a Doctor in Training Scholarship. This scholarship is for **\$15,000** per year for 4 years (Total \$60,000) to support an EGHS employee to complete qualifications in Medicine. The requirement is the student must study at Ararat in the Deakin University Rural Training Stream to ensure the long-term viability of our medical services at EGHS and throughout the Ararat district.

Estate of Joe Kapp

On behalf of the Estate of Joe Kapp, the EGHS *Building for the Future* Foundation is offering a scholarship up to the value of **\$15,000** to individuals to enhance and develop their knowledge and learn new skills in a clinical or non-clinical discipline.

A focus area will be supporting Enrolled Nurses to train as Registered Nurses.



Building for the Future Foundation

The EGHS *Building for the Future* Foundation is offering **2 (two)** scholarships up to the value of **\$15,000** each to individuals to enhance and develop their knowledge and learn new skills. These scholarships are open for both clinical and non-clinical educational support to improve staff retention and to contribute to workforce development and service delivery.

Building for the Future Foundation – Leadership Scholarship

The EGHS *Building for the Future* Foundation is offering a new scholarship up to the value of **\$20,000** to staff to enhance and develop their leadership knowledge and skills. This scholarship is open to both clinical and non-clinical staff to complete their Master of Business, Master of Health Management or Master of Nursing as well as PhD.

Angela Laidlaw Clinical Scholarship

The Laidlaw Family is offering the Angela Laidlaw Clinical Scholarship up to the value of **\$6,000** to enhance and develop an employee’s clinical knowledge in any discipline. The scholarship is named in recognition of Angela Laidlaw’s contribution and love of our health service.

To apply for Scholarships noted above please complete the **2025 Scholarship Application form** located on the Intranet.

Aboriginal Career Development Scholarship

EGHS is looking to support Aboriginal staff members to build their skills to make a greater contribution to the health service and the community.

Please complete the application requirement highlighting the skills and course you would like to undertake.

All applications need to be submitted on the template provided.

Successful scholarship recipients are expected to remain employed at EGHS for two years post-graduation. The Doctor of Medicine is four years.

Applications close Friday 13th September 2024.



EGHS FOOTY TIPPING

Jo Summers
Executive Assistant to Chief Executive

AND THE WINNERS ARE:

- 1** 143 - Brooke Williamson - \$1,365
- 2** 141 - Les Pyke - \$390
- 3** 140 - Jane Miller - \$195



Jill Tivey, Amelia Rundle, Leanne Culph, Danni Ralph and Ashlea Waller picked all the winners in Round 24 and received a bonus point and \$10 voucher for Cafe Pyrenees

WHAT'S ON AT ARARAT NEIGHBOURHOOD HOUSE

TAX HELP



Will be starting from the 26th of July and running each week from 9am - 3pm.

At: Ararat Neighbourhood House

- ✔ Must have MYGOV
- ✔ If you earn up to \$60,000
- ✔ By appointments only



CONTACT US



(03) 5352 1551
reception@araratnh.com



Understanding Dementia



This session provides an introduction to dementia including an overview of different types of dementia, diagnosis, planning ahead and how to support someone living with dementia.

You will gain knowledge in:

- types of dementia, signs and symptoms
- the experience of living with dementia
- available services and where to access support.

Suitable for: People living with dementia, their family carers, family members, and people who are concerned they or someone they know may have dementia. This session is not suitable for volunteers, professional carers or people employed in the health or aged care industries.

When: Wednesday September 4th
12pm - 2 pm

Where:
56 Campbell Street, Ararat
VIC 3377

Cost: Free

Additional information:
Bookings are essential.
Please ring Teli on 5352 1551
or
Alice Haley
0415 594 391

Find out more Please contact Teli on 5352 1551 or email manager@araratnh.com

National Dementia Helpline 1800 100 500

Our International connections

JUGGLING CLASS



STARTING FROM FRIDAY
12TH JULY FROM
1PM - 2PM EVERY WEEK
COST: \$5 PER PERSON

Email us at
reception@araratnh.com

Call to Book in:
(03) 5352 1551

56 Campbell Street
Ararat Vic 3377



COMPUTER CLASS

Update your computer skills or learn something new! Ararat Neighbourhood House offers pre-accredited training in computer (desktop and laptops) and smart Technology (mobile phones/iPads/Tablets etc.) to help build your skills & learn your way around your devices. Classes will be running every Tuesday from 23rd July from 6pm to 7pm



Please Call on 03 5352 1551 to book your place.
\$10 per session or

RED NOSE DAY 2024



Helen - Support Services

Loretta - Support Services

EGHS Front Reception staff



Heather & Jean - Support Services

Community Health Centre staff

Second Floor staff

Arindel at Cafe Pyrenees



Leonie - Cafe Pyrenees

EGHS Front Reception staff

Russell - Support Services



Helen & Sue - Support Services

Shelby & Leonie at Cafe Pyrenees

70 Lowe Street staff