

About Us

East Grampians Health Service Carer Support Program is committed Carers in our community supporting their physical and emotional wellbeing. We understand that every caring situation is unique and the supports we offer are based on the individual needs and circumstances of each carer.

Types of services we can provide include:

Respite

- Respite is taking a break from your caring duties. It is intended to relieve the pressure of caring, providing you, the carer, with some time to yourself. Respite happens when somebody else takes over the caring role for a brief period.

Support Groups

- Opportunity for you to connect with other Carers to have a chat, share information and on occasions a guest speaker will attend.

Advocacy Support

- Educating you so you can make well informed decisions regarding health, financial matters, and any other concerns you wish to discuss

Referrals to other Health and Community Services

- Working with you, the carer, to ensure that you have access to the services that you need to support you as an individual and not only in your role as a Carer.

Connection to social and community activities and support

- We will help you connect with local community groups
- We care for all types of carers.

Contacts

Support Coordinator: 03 5352 9327

Email: carersupport@eghs.net.au

Monday – Thursday 9:30AM – 5:00PM



EGHS would like to thank our consumers for reviewing this information.



Integrity



Excellence



Community



Working Together



Learning Culture