

Information for the Caesarean Support Person

Operating Suite Information for the Person Supporting a Woman Undergoing a Caesarean

It is important to us that the birth of your baby is a positive experience for everyone.

The Operating Suite is a foreign environment where many essential people and equipment are present. The staff's first priority is the wellbeing of the mother undergoing the caesarean section so visitors are kept to a minimum in the Operating Suite. A spouse or significant other can accompany the mother into the Operating Suite for the delivery of the baby.

On entering the Operating Suite, you will be requested to change into theatre attire. You will go to a waiting area while theatre staff get the mother ready for surgery. Once the mother is ready in theatre, you will be taken to theatre.

Your primary role is to be by the mother's side providing support and reassurance. Please remain seated at **ALL** times at the head of the bed, unless you are asked to cut the baby's cord.

Should an emergency situation arise, you may be asked to leave the Operating Suite. You will be taken out of the Operating Suite by a staff member and may need to wait in another room. Staff will provide updates to explain the situation to you as soon as possible.

We recognise the birth of any child is special, and often the recording of the event is important. Photos of the baby after delivery are permitted using a camera or mobile phone. If all is going well for the mother and baby, a staff member may be able to take photos for you so you can enjoy this special moment. **Video cameras are not permitted in the Operating Suite. Recording of videos on a mobile phone is not permitted.**

After birth, the baby stays with the mother unless further medical treatment is required.

EGHS would like to thank our consumers for reviewing this information.



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