

KINDNESS IN THE MAIL

The Kindness in the Mail project is providing enjoyment for young letter writers as well as the recipients in our aged care facilities.

A project between EGHS and Resilient Ararat, Kindness in the Mail is about connecting our aged care residents in 70 Lowe Street, Garden View Court and Parkland House Hostel Willaura, with young people in the community.

Children across Ararat Rural City are invited to send in their artwork, stories or letters to share with our residents to brighten their day.

All mail is sorted and distributed in zip lock bags by staff practising correct hand hygiene.

As well as letters being delivered to our three aged care facilities, residents are also enjoying writing to the children and maintaining that connection.

If you would like to send a letter to our residents, please send to:

Kindness in the Mail

C/- EGHS Community Health Centre
PO Box 155
Ararat Vic 3377



COMMUNITY SHOWS ITS GENEROSITY AND KINDNESS

Staff at East Grampians Health Service are working hard to keep our patients, residents and ultimately our community safe during the COVID-19 pandemic.

We have been overwhelmed by the outpouring of generosity from our community and we thank you all for the kindness shown to our staff and the health service.

From bunches of flowers left by a mystery donor at the front door, and a beautiful arrangement from Hopkins Correctional Centre, to candles from Cocka Doodle Country Candles, a box of goodies from Fred and Bet's Café, Easter Egg hampers from Chalambar Golf Club and hot cross buns from the Willaura Bakery, as well as weekend coffees from Ararat McDonalds. We appreciate your support.

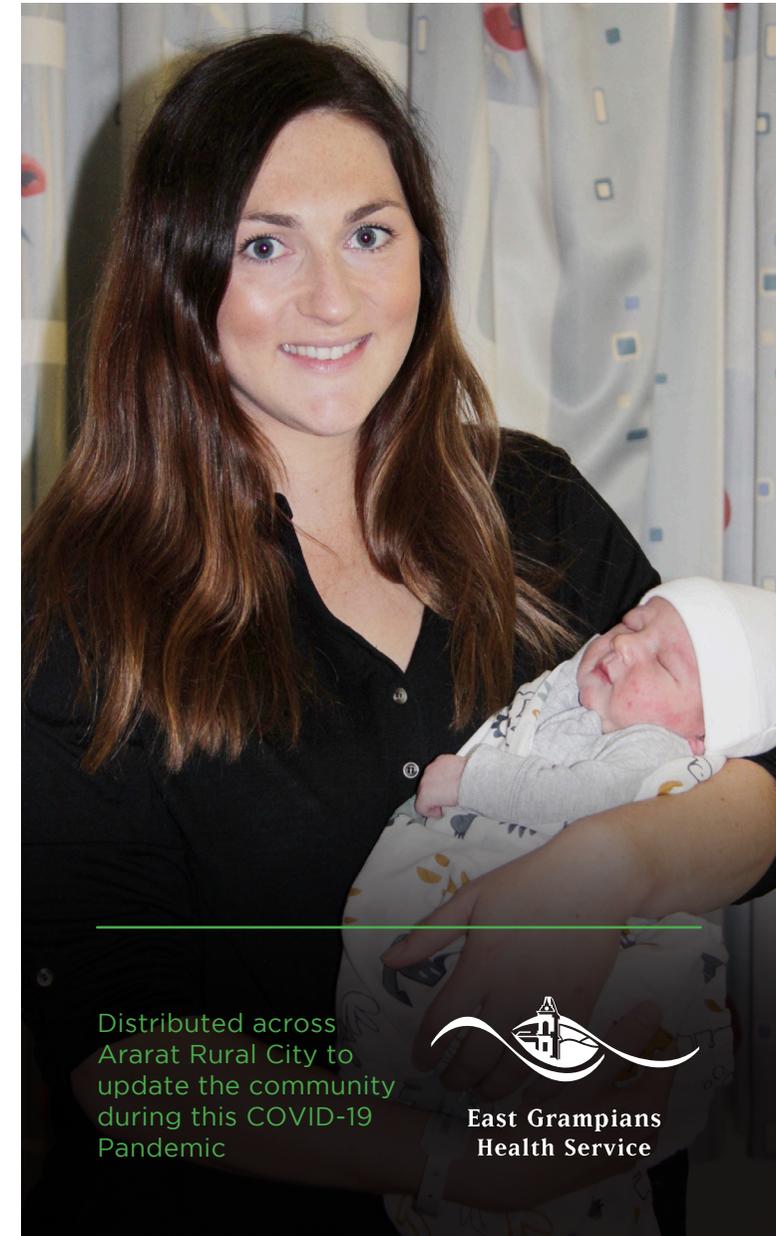


For more information please visit eghs.net.au

East Grampians Health Service



COMMUNITY UPDATE



Distributed across
Ararat Rural City to
update the community
during this COVID-19
Pandemic



East Grampians
Health Service

MESSAGE FROM

BOARD CHAIR & CHIEF EXECUTIVE

Welcome to the first edition of the East Grampians Health Service, Community Update.

East Grampians Health Service is committed to delivering quality and safe health services to our community. Our dedicated staff work tirelessly to ensure the best possible care is delivered.

In March our Hospital Incident Management Team was activated, under the Victorian Department of Health and Human Services guidelines, to ensure East Grampians Health Service could continue to deliver safe and quality care during the COVID-19 (Coronavirus) pandemic.

We want to acknowledge and thank our staff for their incredible work.

The COVID-19 pandemic has brought out the best in our staff at East Grampians Health Service. Our team has shown great camaraderie, innovation, dedication and commitment to the health and wellbeing of our community.

On behalf of our staff, we'd like to thank the community for their support, understanding, generosity and kindness during this difficult time.

We want to assure you that we will continue to deliver quality and safe health services through these changing circumstances.

For regular updates, please follow East Grampians Health Service on Facebook, Instagram and Twitter, or call us on 03 5352 9300.

We are all in this together.



Andrew Freeman

Andrew Freeman
Chief Executive

East Grampians Health Service



Nancy Panter

Nancy Panter
Board Chair

East Grampians Health Service

ALMA CELEBRATES 100TH BIRTHDAY

There was great excitement at Parkland House Hostel Willaura in April, with resident Alma Sloper celebrating her 100th birthday.

The current situation didn't stop the centenarian from marking the major milestone, with all staff at Willaura Healthcare ensuring Alma's day was made extra special.

Alma has spent her entire life in the Ellerslie and Lake Bolac area.

An ANZAC Day baby, Alma was born in 1920 to parents Anna and Ernest Ruddle, and spent a happy childhood with siblings Florence, Lindsay and George.

Alma married her husband Clary Sloper on December 8, 1945 and moved to Lake Bolac, where they went on to have eight children, Ken, Ray, Phillip, Rosy, Ian, Linda, Rodney and Alan.

In later years she enjoyed the company of her 20 grand children and great grandchildren.

Alma credits her long life to having good parents, never smoking or drinking and walking everywhere, as she didn't have a licence.

Parkland House Hostel at Willaura Healthcare welcomed Alma as a resident in August 2017.



Alma's 100th birthday celebration was a High Tea, followed by a lunch party at Parkland House, with kitchen staff providing a wonderful spread and other health care staff helping with decorations and joining in the celebrations.

Chief Executive Andrew Freeman congratulated Alma on reaching the major milestone and also the staff at Willaura who helped to make Alma's 100th birthday special.

BIRTHING UNIT BUSY

Babies wait for no one and amidst all the seriousness of the COVID-19 pandemic, we need to celebrate the good news, and what better news than the arrival of a new baby?

Lauren and Bryce Homden celebrated the arrival, at East Grampians Health Service, of their second son Arnie Laszlo Homden.

Baby Arnie was born on April 1 weighing 3870 grams and is a little brother for Rex.

"Thank you to all the midwives involved and Dr Connellan for their expertise and support during our stay," Lauren said.

"We are so lucky to have had people who are passionate about their jobs looking after us."

At EGHS it's business as usual for all of our clinical staff, who continue to treat patients and residents who require care, including mums giving birth.

