



# Improving the health of our community

# COMMUNITY SERVICES



# **Community Nursing**

## **Home & Community Care**

 Living at home assistance and support services to enable individuals to live at home as long as possible.

## **Hospital Admissions Risk Program (HARP)**

 Care coordination, self-management support and specialist medical care to reduce the impact of chronic disease.

## Hospital in the Home (HITH)

• Care for patients in their own home rather than a hospital bed.

### Healthy @ Home - Telehealth

 Regular phone calls to identify deteriorating health with interventions to reduce unplanned hospital admissions

## **District Nursing Services**

 Simple to complex nursing care to individuals in their home for short and long periods of time.

#### **Palliative Care**

 Simple to complex nursing care for individuals in their home for short and long periods of time.

## **Breast Care Nurse**

Our staff welcome you to East Grampians Health Service and its many programs in a confidential environment.

#### **Further Information:**

Contact the EGHS Community Centre on:

P: 03 5352 9327

or

**Community Nursing:** 

P: 03 5352 9328

or

Patricia Hinchey Centre:

P: 03 5352 9326

### Fees:

A broad range of our programs and services attract fees. Please ask about fees at the time of booking. If you have any concerns, you are welcome to discuss them with our staff.



# Improving the health of our community

East Grampians Health Service offers an extensive range of services to keep people well and living at home.

Opening Hours: 8.30am – 5.00pm

(Monday-Friday)

P: 03 5352 9327



# **COMMUNITY SERVICES**



Community Services promote wellbeing, illness prevention and support for people to remain at home

Community Services staff provide the following programs, information and support:

- Allied Health Services to promote wellbeing, health maintenance and illness prevention
- Community Nursing Services to support people in their homes
- Patricia Hinchey Centre
- Dental Services

Access our services by self-referral, GP or other health professional referrals.

## Dietitian Service

Consulting on all issues associated with nutrition and dietetics. Clients may be self-referred or referred by their medical practitioner.

## **Diabetes Educator**

Consulting on all issues associated with diabetes. Clients may be self-referred or referred by their medical practitioner.

# **Occupational Therapy**

Assistance to maintain independence in activities and daily living. Home safety assessment and modifications. Falls prevention advice. Provision of equipment/small aids. Scooter/wheelchair assessment. Rehabilitation post-stroke or surgery. Emergency alarm pendant assessment. Ramp/rails assessment.

# Physiotherapy

Group programs and individual sessions provided. Cardiac Rehabilitation, Pulmonary Rehabilitation, Hydrotherapy, General Exercise and No Falls Group.

# **Podiatry**

Podiatrists are trained to diagnose, prevent and treat foot disorders. Clients must have a condition that places their lower limb at risk of complications, or have a significant foot problem. General nail cutting on healthy feet is not offered. Podiatry services require a GP referral.

## Social Worker

Providing emotional and social support, advocacy, information and problem solving assistance. Counselling offered includes health, grief and bereavement support.

# **Speech Pathology**

Speech Pathology services for pre-school children and adults. Services include: speech and language production, swallowing difficulties, stuttering and voice issues.

## **Dental Services**

Dental care for:

- Pre-schoolers (with or without a concession card)
- School Dental Service (prep to year six)
- Year 7-12 students and adults (with a concession card) (fees apply)

A waiting list applies, except for emergencies.

## Patricia Hinchey Centre

The Patricia Hinchey Centre provides a wide range of enjoyable activities for older people and those with a disability.

The Patricia Hinchey Centre aims to improve the health of participants by providing a healthy meal, mental stimulation and social connections.

Volunteers play a big part in ensuring activities and outings are tailored to meet the needs of all participants.